

Boys & Girls Club of Clifton
Recipe by: Chef Niki

Blueberry muffins

1 1/2 cup (all purpose) AP flour
3/4 cup white sugar
1/2 tsp salt
1 tbsp baking powder
1/3 cup canola oil
1/3 cup milk
1 tsp cinnamon
1 tsp nutmeg
1 sm fresh case blueberries washed



- Preheat oven at 350°
- Use liners in muffin cups.
- In a mixing bowl combine oil, eggs, milk
- Mix together flour, sugar, salt, baking powder, cinnamon and nutmeg
- Combine dry ingredients to mixing bowl with egg mixture mix at medium speed for 3 minutes with whisk attachment, add blueberries.
- Fill liners to half, put into heated oven
- Bake for 15 to 18 mins