

Join the
**NEXT
GENERATION**
of Red Cross Training



ATTENTION FUTURE LIFEGUARDS:

**THE BOYS AND GIRLS CLUB OF CLIFTON IS
HOLDING A LIFEGUARD TRAINING COURSE**

AGE REQUIREMENT:

Must be 15 years old by 4/22/17

PREREQUISITE:

Must be able to continuously swim 300 yards of freestyle and breaststroke and retrieve a 10 lb. brick from 7 feet deep water.

DATES AND TIMES

3/25 & 3/26 4/1, 4/2, 4/8, 4/9 & 4/22

Test will be held on Sunday April 22

ALL CLASSES WILL BE HELD ON SATURDAYS FROM 4:00 PM-8:00 PM

YOU MUST ATTEND EVERY CLASS!!!!!!

DATES AND TIMES SUBJECT TO CHANGE

FEE: \$230 PLUS

\$40 YOUTH MEMBERSHIP (Ages 15-17)

OR

\$60 ADULT MEMBERSHIP (Ages 18+)

Make checks payable to Clifton Boys & Girls Club



**REGISTRATION WILL BE HELD ON A
FIRST COME - FIRST SERVE BASIS
IN THE AQUATICS OFFICE STARTING
February 23TH**

PLEASE CALL 973-773-2697 ext 131

FOR ADDITIONAL INFORMATION